

8차시

21번, 23번

21번

- Overwhelmed: 압도된
- Deal with: 처리하다
- Figure out: 찾아내다
- Balance out: 균형을 맞추다
- Turn to: 의지하다
- Plate: 접시
- Divide up: 분담하다
- Labor: 일
- Willingness: 의지
- Help out: 돕다
- Assume: 당연히 ...일 것이라고 생각하다

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If you can find somebody and divide up the labor so that you don't feel so overwhelmed by everything that you are doing, all you have to do sometimes is to ask for help and your life will feel that much better.

~하기 위해서

If you can find somebody and divide up the labor so that you don't feel so overwhelmed by everything that you are doing, **all you have to do sometimes is to ask for help** and your life will feel that much better.

- All (사물) + 단수동사

- All I want for Christmas **is** you.

- All (사람) + 복수동사

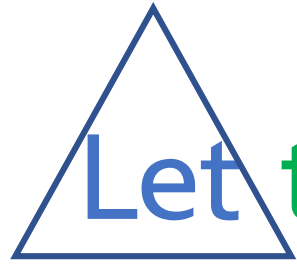
- All **were** hungry.

- All of the 셀 수 있는 명사 + 복수동사
  - All of the machines **stop** working automatically.
  
- All of the 셀 수 없는 명사 + 단수동사
  - All of the water **is** split.

If you can find somebody and divide up the labor so that you don't feel so overwhelmed by everything that you are doing, **all you have to do sometimes is to ask for help** and your life will feel that much better.

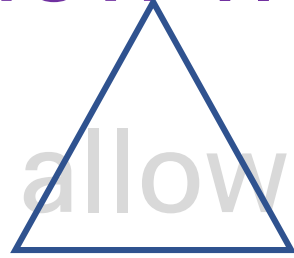
Many times people will surprise you with their willingness to help you out, so never assume that other people don't care about your stress.



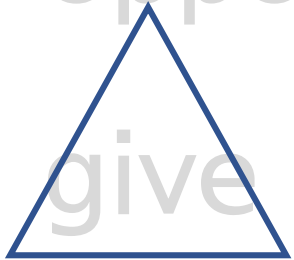


Let them know honestly how you are

feeling and allow yourself some

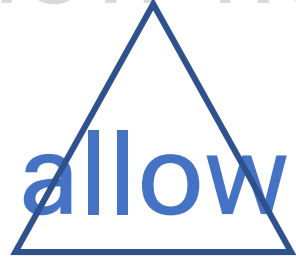


opportunities to avoid responsibility and



give yourself a chance to relax.

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**opportunities to avoid responsibility and**



**give yourself** a chance to relax.

23번

- Competent: 유능한
- Vision: 시야
- Cloud: 가리다
- First impression: 첫인상
- Lose: ...에게서 ...을 잃게 하다
- Present: 나타내다
- Speak of: ...에 대해 말하다
- Bring to the table: 기여하다

- Cultivate: 갈고 닦다
- Cross off: 지우다
- Appeal to: 마음을 끌다
- Tailor: (양복을) 만들다

In this world, being smart or competent  
isn't enough.

People sometimes don't recognize talent  
when they see it.

**Their vision is clouded by the first  
impression we give** and that can lose us  
the job we want, or the relationship we  
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Nobody likes to be crossed off the list  
before being given the opportunity to  
show others who they are.

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For that reason, it's important that we all learn how  to say the appropriate things in the right way and  to present ourselves in a way (that appeals to other people) – tailoring a great first impression.



